

# **Brookhaven Hospital Christian Renewal Program 3rd Quarter 2008**

## **Introduction**

Brookhaven Hospital practices an interdisciplinary approach to our patient's treatment. In an effort to measure the effectiveness of the Christian Renewal program, a pilot study was initiated in the fourth quarter of 2004. The Spiritual Injury Survey (SIS) is a brief eight question test designed to measure the following areas: guilt, anger/resentment, grief/sadness, lack of purpose, despair/hopelessness, perceived unfairness of God/life, worry regarding doubts in God and finally the fear of death. The following table indicates the results for this quarter.

<b>Spiritual Injury Survey</b>	
Admission Average Score	18.7
Discharge Average Score	14.2
Difference	4.5

## **Table Notes**

- Total score of 8-16 indicates normal
- Total score of 17-24 indicates moderate spiritual deficiency
- Total score of 25-32 indicates significant spiritual deficiency

## **Interpretation**

Results indicate the Renewal Program services are a factor in the patient's recovery. It is important to remember that all patients regardless if they chose to participate in the Renewal program are administered the SIS upon admission and discharge. The three areas of greatest improvement for the 3rd quarter are: grief/sadness, despair/hopelessness and guilt. On the admission survey, 69% indicated they either often or very often "feel sad or experience grief." Upon discharge, 27% stated they either often or very often "feel sad or experience grief." This is a difference of 42%. The second area of strongest improvement was despair/hopelessness. On admission 50% often or very often "feel despair or hopelessness." Upon discharge, 11% answered they often or very often "feel despair or hopelessness." This is a decrease of 39%. The third area of greatest improvement was guilt. On admission, 62% answered they often to very often "feel guilty over past behaviors." At discharge, only 29% checked often or very often. This is a difference of 33%.

All eight areas surveyed continue to show improvement. A full chart is available upon request.

Respectfully submitted,

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Chaplain